

May 2006



## UPDATE FROM THE CHIEF EXECUTIVE



Jan Hewitt,  
Chief Executive

As you are aware we have been waiting for the decision from the Department of Health on the new configuration for PCTs.

I can now inform you that the Department has supported the Strategic Health Authority's recommendation for 5 PCTs in Lancashire. For us, this means a new PCT will be created comprising Preston PCT, Chorley &

South Ribble PCT and West Lancashire PCT. This new organisation will be called Central Lancashire PCT and will formally come into existence on 1 October 2006.

As you will also be aware, via the letter sent to you all, staff will be transferred to this organisation on 1 October. We are currently undertaking the 90-day consultation with staff in the form of staff road shows and discussions with staff side representatives to ensure a smooth staff transfer. A new intranet section has been developed - NHS Reforms - to provide staff with more information on the changes.

As you may have seen via an email early in May we are holding a staff event on 11 July at Preston North End's Great Room to celebrate all of our achievements and share good practice. Details are on the intranet. If you have not already done so could you please let Katie Wightman, Head of Communication, know if you would like to attend so catering can be arranged. I look forward to seeing you there.



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# LYNDA WINS TOP AWARD

Lynda Forde, recently retired Public Health Nurse, has won an award for 'NHS Contribution to Public Health-Provider Award' one of the North West Public Health Awards. The

award recognised her contribution to improving the health and well being of the community above and beyond the expectations of her role.

She has consistently demonstrated outstanding public health leadership qualities which have underpinned her community nursing practice, and have influenced colleagues to extend their practice. More importantly, this benefited the patients she came into contact with over many years nursing experience.

Maggi Morris, Director of Public Health, said "Lynda was practising patient centred care long before it was promoted as best practice, and her excellent interpersonal skills allowed her to ensure that patients received the best possible health care. Her networking and influencing skills have been a real factor in the success of public health programmes such as immunisation, TB community awareness and cancer screening. Her sense of humour and commitment to improving health have shone through and the award was well deserved recognition for an extremely caring and innovative practitioner."



*Lynda (centre) with her daughter receiving her award from John Ashton.*

## THANKS FROM MARGARET

As some of you may know Margaret Duffy-Price, District Nursing Sister at Avenham, was admitted suddenly into the Coronary Care Unit at Chorley Hospital just before Easter.

She is now recovering well but has contacted the PCT to say "I would like to thank everyone for the huge support, cards flowers and pampering gifts I have received which have brightened up my days (day time TV is boring)".

## Standards for Better Health (SfBH)

The achievements of the hard work of PCT staff were acknowledged publicly on 9 May when the PCT's final declaration to the Healthcare Commission (HCC) for the period 1 April 2005 to 31 March 2006 was published on the PCT website.

The document describes the Board's decision on the organisation's compliance with each of the 24 core standards and sub elements (49 action points in total) at the end of the period.

The PCT Directors, Non-Executive Directors and PEC members held a workshop inviting the SfBH Taskforce members and key managers to present and discuss a progress update for the areas identified as potential issues of concern in October 2005.

At the workshop on 28 March 2006, the Board concluded that the PCT is compliant in all areas of the core SfBH and that there is no significant risk to patients, staff and the public in the way the PCT delivers its business - caring for and treating patients.

The Board and PEC members praised and thanked staff for their good work and commitment. In particular the progress made by staff in the 6 areas of potential concern was noted and commended.

Additionally, the document contains three supporting statements from organisations that are working with us - the Cumbria and Lancashire Strategic Health Authority, the Patient and Public Forum and the Overview & Scrutiny Committee. Their comments reflect a very positive view valuing the effective and safe way we deliver health services.

The format of the document was prescribed by the HCC and is part of the annual healthcare check undertaken by them, which replaces the old star ratings of NHS organisations. The outcome of the healthcare check is expected in September 2006.

All staff are encouraged to read the document, the link is:

[http://www.prestonpct.nhs.uk/mediaview.aspx?int\\_media\\_id=311&int\\_type\\_id=1](http://www.prestonpct.nhs.uk/mediaview.aspx?int_media_id=311&int_type_id=1)

The SfBH Taskforce will welcome your comments/feedback on any issues connected to the core standards.

The next step is for the Taskforce, on behalf of the PCT, to address the developmental standards. These are designed to show incremental progress against the core standards to improve the quality and effectiveness of the healthcare services provided, commissioned and by the independent contractors of Preston PCT.

**If you require any further information please contact Karen Little, Clinical Governance Development Manager on 645677.**

## PEOPLE PANELS

As you may be aware we are setting up People Panels across the five localities of Preston and Longridge (Central, Eastern, Northern, Rural, Western). The Panels will enable local people who have expressed an interest in local health services to give their views on local health services.

The process to recruit members to the Panels is now well underway. A series of public meetings have been held as well as speaking with patients waiting for treatment in the clinics. Members have now been recruited to each of the Panels, and they will now be offered training to equip them with the skills and knowledge to participate fully and effectively. It is anticipated that the Panels will begin meeting during the Summer.

We are identifying key people from across the PCT who will be the link between the Panels and the PCT. This role will involve attending the Panel meetings, listening to the issues raised, bringing back them back to the PCT, as well as providing feedback to the Panel. This is an exciting opportunity to be involved in a high profile project for the PCT, whilst finding out what local people think about local services.

**If you are interested in getting involved and would like to find out more please contact Carol Fare, Head of PPI on 01772 645509.**



## Civil Ceremony Celebrations

Congratulations to 2 staff members who recently celebrated their civil partnership.



Sue Inskip-Clark (nee Radcliff), Infection Control Nurse and Lee (Inskip-Clark) who have been together 10 years and Mike Hawkins, Health Protection Development Specialist, and his partner of 8 years Efrem Jones. Both couples are now officially lifelong partners, sharing the same rights as married couples.



# Health Mela 2006

Hundreds of people attended the fifth annual Health Mela, which was held in Preston on Saturday 8 April at the Gujarat Hindu Society Community Centre.

Whilst the event, sponsored by the PCT, aims to encourage greater health awareness in minority ethnic communities where

the incidence of conditions such as diabetes, heart problems and strokes is high, the event was open to people from all walks of life.



*People in the photo (left to right) Dr Chandrika Shah; Professor Ramesh Gupta, Chair of the GHS Health Forum and Professor Sir Graeme Catto, President of the GMC*



*Blood sugar testing*

The event included healthy eating and cooking demonstrations, exercise workshops, holistic living workshops and free blood sugar testing (see left), along with blood pressure and cholesterol testing was provided.

# INFORMATION GOVERNANCE UPDATE

The Information Governance team, along with other key staff, have been working hard over the past few months to achieve compliance with the standards set by the Healthcare Commission. Lots of hard work, teamwork and co-operation from people all over the PCT resulted in the Board declaring compliance with the standard at the end of March.

Whether you deal with patients, interact with other organisations, send emails or deal with the archiving of clinical records - the standards and laws surrounding Information Governance have an impact on you.

## Archiving

Please ensure that no records are sent for archiving without arrangements first being made with Jenny Broom on 01772 676195. The organisation is required to be able to state precisely where any record is at any given time and without a process being in place, we would not be able to meet this requirement.

## Training

Training will be available for all staff within the PCT. Keep an eye out for details of e-learning and of other courses which will be rolled out soon.

## Information Sharing Protocols

All staff who deal with named patient data and who share that information with another agency are in breach of the Data Protection Act unless they are operating under an Information Sharing Protocol. Check with your manager as to whether there is one in place to cover you before you pass on that document or piece of information.

## Freedom of Information Act

Under the provisions of the Act, more and more people are asking for information about the organisation or, mistakenly, about their personal records. Any such requests must be escalated immediately to your manager who will then pass them on to Katie Wightman, our Freedom of Information lead for appropriate action. Katie can be contacted on 01772 645512.

**If you have any general questions on any of the areas related to Information Governance please contact Maggie Blair, the Information Governance Lead, on 01772 645539**

## NORTH WEST MENTORING SCHEME

Are you looking for further support or opportunities to develop skills? If so, mentoring could be for you.

**For further support...** a mentor can provide very individualised, focused encouragement and challenge, dependent upon what you need. Options include helping you to identify skill gaps and career development goals for the future.

*"It's been great to have someone as a sounding board, someone to listen to the issues I'm encountering and also someone who'll challenge the way I think and do things"*

*Emma Brady, AHP Learning Co-ordinator*

**To develop new skills...** you may think about becoming a mentor yourself. A training day is provided, to develop skills in powerful questioning, effective listening, giving constructive feedback and building rapport. Mentors may also develop through the self-reflection that can result from a mentoring relationship, and from learning from skills or experiences that a mentee has.

**FREE Mentor training days for 2006 are as follows:**

- |            |  |
|------------|--|
| 12/05/2006 | Fourth Floor Meeting Rooms, Barlow House, Manchester |
| 23/05/2006 | Room 4, Preston Business Centre, Preston             |
| 01/06/2006 | Fourth Floor Meeting Rooms, Barlow House, Manchester |

If you would like more information, please see the web-site at:

<http://www.gmsa.nhs.uk/mentoring>

or contact Kate Meredith at [kate.meredith@gmsa.nhs.uk](mailto:kate.meredith@gmsa.nhs.uk)

## LATEST STAFF HEALTH PLEDGE WINNERS

The Staff Health Pledge is still going strong with approximately 400 staff now registered as taking part.

The last 2 winners were Christine Williamson, HR Assistant, who won April's £100 draw. Christine, on hearing that she was the lucky winner, said "What a lovely surprise, just before my holidays too!" On what she does to keep healthy Christine says "I have been eating 5 pieces of fruit each day and drink lots of water. I walk for 30 minutes every lunch time whatever the weather. I also get out in my garden whenever I can."

February's winner was Michelle Lenehan, Support Officer, Lancashire Drug Action Team. Again Michelle was delighted at winning " .....It made my day! I try not to eat too much junk food and to eat some fruit and veg each day to stay healthy. To keep fit I go to the gym when possible. I also like walking and gardening, as both are good exercise for keeping in shape."

# PLANS FOR NEW HEALTH FACILITY AT NORTH END

As you may have seen recently in the Lancashire Evening Post the PCT has joined forces with Preston North End Football Club and plans to build a new medical centre as part of the rebuilding of the Pavilion Stand - the new fourth stand at PNE.

The PCT's new state-of-the-art long term conditions centre, built in the interior of the stand at Deepdale, will target those with conditions such as diabetes, coronary heart disease, lung disease, asthma and other respiratory conditions.



The health facility will take up about two-thirds of the space, 4,000 square feet, beneath the 8,000-seater stand as part of a special sport-health partnership for the city.

Jan Hewitt, Chief Executive says "We are delighted to be able to play our part in this prestigious development at Preston North End. We are giving those who have long-term illnesses the

dedicated help they need and deserve, whilst it also gives the club and its fans what they want. The logic is overwhelming in our opinion because health and sport fits together so well and we have worked in partnership with the club, Preston City Council and the local health authority to make this work for the good of the whole community."

Plans are expected to go before Preston City Council's planning department by June, although PNEFC already has permission to build the new stand, it just requires permission for the PCT development.

If things go to plan, it is hoped the PCT will move into the new facility by the end of 2007.

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# HEALTHCARE HMP PRESTON - UPDATE

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The new healthcare facility at HMP Preston has now been open for over 6 months.

The new build has created opportunities to further develop the healthcare services and the improved facilities which includes 30 inpatient beds, clinical treatment rooms, therapy room and consulting rooms has greatly enhanced both the working environment for staff and the environment for patients to receive their care in.

## Staffing

Recruitment has continued and this had meant new staff joining the team with a variety of skills. Existing staff have also been working through their Knowledge and Skills Framework (KSF) and Personal Development Plans (PDPs) and have determined their own and the services priorities in relation to training and development needs over the next 12 months.

## Services Provided

The healthcare services provided are varied and as well as primary care services, which include a GP Practice and nurse led clinics, we also have visiting staff providing optometry, dental, chiropody services and psychiatry.

The healthcare services provided operate much as they do in the community with the prison wings serving as the 'streets in the community' and the healthcare facility operating much the same as a clinic setting. The inpatient beds are for individuals who require care at an intermediate level. We have 22 mental health beds and 8 general medical beds. 12 of the beds are for regional use and we accept healthcare admissions from Haverigg, Garth, Wymott, Kirkham, Lancaster, Risley and Buckley Hall Prisons.

## Joint Working

Joint working with the prison workforce is essential and the continuation of excellent working relationships has resulted in some really positive developments. Wing based officers have been trained in mental health awareness and we are looking to develop a tiered approach to mental health provision in the prison which will attempt to mirror the services in the community.

The Gym staff have worked with the PCT to develop a smoking cessation service and this will be launched in late May. As well as Nicotine Replacement Therapy the staff will offer group support and advice on healthy lifestyle as well as support on stopping smoking.

Other future developments include staff attending the nurse practitioner course later in the year and the development of a sexual health nurse post.

The delivery of healthcare in this environment can be challenging yet rewarding. Healthcare staff see this as a real opportunity to intervene at a point when individuals may be more open to accepting intervention. Many of the patients when living in the community have not accessed the care they need and sometimes their health related problems have contributed to their offending.

# HEALTHCARE HMP PRESTON - UPDATE

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The additional investment provided by the PCT has made a real tangible difference in terms of healthcare delivery. The challenge over the next 12 months will be to review and implement improved services for individuals with substance misuse problems with the aim of providing services equivalent to those in the community and the continued development of the existing services provided.

**If you require any information on any of the above or feel services you provide could contribute to the delivery of healthcare in HMP Preston please contact Colette Rimmer Head of Healthcare on 01772 444628**

## Welcome and Farewells

**We would like to welcome the following people to the PCT:**

• Qaiser Afzal, Community Healthcare Support Worker • Helen Billington, Community Healthcare Support Worker • Nomedra Bradford, Staff Nurse • Anita Bridges, Senior Physiotherapist • Nigel Brockbank, Clinical Manager • Fiona Brown, Clerical Officer • Daniel Carroll, Community Healthcare Support Worker • Rachel Cookson, Community Healthcare Support Worker • Carolynne Cotton, Senior Nursing Auxiliary • Louise Crook, Staff Nurse • Lynda Forde, Specialist Nurse (TB) • Shamaila Gaffar, Staff Nurse • Sarah Gower, Senior Physiotherapist • Jane Harris, Commissioning Manager • Laura Hughes, Staff Nurse • Kim Jagger, Staff Nurse • Vivien Jennings, Nursing Auxiliary • Ann Johnson, Staff Nurse • Christine Kellett, Clerical Officer • Alka Maru, Nursing Auxiliary • Louise Ohara, Nursing Assistant • Poonam Parekh, TB Education & Support Worker • Harsida Parmar, Community Healthcare Support Worker • Christine Pownall, Primary Care Mental Health Worker • Deborah Richardson, Additional Support Worker • Michelle Short, Nursing Auxiliary • Paul Swindell, Nursing Assistant • Amber Taylor, Senior Physiotherapist • Andrew Taylor, Bank Registered General Nurse • Jacqueline Taylor, Senior Physiotherapist and Rebecca Vaughan, Community Healthcare Support Worker.

**The PCT also says farewell and best wishes to:**

• Waheda Ahmed, Smoking Cessation Adviser • Margaret Bancroft, Nursing Auxiliary • Sabina Bouaqaqi, Staff Nurse • Gayle Boyd, Community Healthcare Support Worker • Bineeta Choudhary, General Medical Practitioner • Ann Doorly, Senior Occupational Therapist • Samantha Grant, Senior Community Family Worker • Barry Gray, Staff Nurse • Wendy Gray, Supt. Physiotherapist • Carol Hally, Senior Physiotherapist • Cheryl Hooper, Clinical Information Officer • Sherrilea Jackson, Community Family Worker • Atif Kamal, Community Accident Prevention Worker • Claire King, Secretary • Claire Macdonald, Clerical Officer • Susan Macdonald, Health Visitor • Catherine Mesie, Booking Management Service Clerk • Christopher Minorczyk, Senior Podiatrist • Rosemary Owen, Senior Occupational Therapist • Ranjita Rao, Dental Officer • Deborah Reurink, Clerical Officer • Wendy Rossall, Nursing Auxiliary • Gillian Saul, Senior Speech Therapist • Elizabeth Steen, Partnership Manager • Kerry Stone, Community Healthcare Support Worker • Aaron Williams, Community Accident Prevention Worker and Zoe, Staff Nurse

## ***We Want to Hear From You!***

**Been involved in an event? Developing a new service? Got some good news that you would like to share? Well let us know, so we can tell everyone else.**

If you would like to contribute an item for publication in *'Best of Health'*, please contact:  
Katie Wightman, Preston PCT, Preston Business Centre, Watling Street Road, Fulwood, Preston PR2 8DY.  
Tel: 01772 645512 Fax: 01772 220281 or email: [katie.wightman@prestonpct.nhs.uk](mailto:katie.wightman@prestonpct.nhs.uk)